**Evanston Township High School**

**Athletic Training**

Lucy Walsh, MS, ATC JJ Guttman, MS, ATC, PES

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\*Cell phones are for emergencies only and if you are unable to reach us at the office or via walkie-talkies\*

**Team Physician**

Dr. Andrew Hunt Mondays and Wednesday @ Wilmette Clinic

Illinois Bone and Joint Institute 1144 Wilmette Ave

Appointments: 847-727-4384 Wilmette, IL 60091

Field/Court Setup

* Water will be provided for practices and games
* Each team will be responsible for picking up and returning the cooler, bottles, first aid kit for practices. We will drop off and pick up water for games only.
  + **You will be charged for any misplaced items.** Due to limited supplies this is the only to ensure we have enough for the entire year.

Athletic Training Room

* If there are no home events, the ATR will be open weekdays 2:30pm-6:30pm, Saturdays 8am-12pm
* Students will be seen on a first come first serve basis (we arrive at 2:30pm this would be a good time for injury checks if the student is available)
* Please use the kits provided for minor cuts and scrapes
* For minor injuries, please send the athlete to the training room to be evaluated
  + I.e. a jammed finger
* For more serious injuries, please contact us immediately and we will come to you.
  + I.e. the athlete is unable to walk, severe bleeding, etc.

Doctor Visits

* We encourage athletes to see a doctor in the event of an injury, but please have them **see us first**. This allows us to facilitate better communication between our staff at ETHS and the physician’s office.
* **If an athlete sees a doctor they must bring us the Doctor’s Note and also a Return to Play (RTP) note in order to practice again. If they do not bring us this note they will be held out of practice and completion until we have a hard copy in the Athletic Training Room.**
* If an athlete suffers a concussion they must be cleared by Dr. Andrew Hunt. **There will be no exceptions.** If there are questions or concerns about this please contact us.

Schedule Changes

* Please communicate schedule changes with us immediately or else we will not be able to provide appropriate coverage for your event or practice. (Especially Saturdays)

Emergency Contact Forms

* Please drop off contact forms with parent/guardian phone numbers in our mail boxes by Nov. 13th

Ankle Braces

* We will only tape ankles if the athlete has suffered an ankle sprain, but prefer if uninjured players who want ankle support purchase and ankle brace.
* We are working with Don Joy Orthopedics to provide high quality ankle braces at a discount. They cost $15 per brace and they are more effective then taping. Please contact us if you or any of your athletes are interested in placing an order.