**Activation of Emergency Medical Services**

1. Call 911. You must provide:
   1. Your name
   2. Location of injured athlete
      * Please indicate whether the athlete is in the gymnastics facility or weight room

* Door 50 is the fastest way to access the gymnastics facilities and weight room. In the event of a time sensitive emergency (damage to the artery, athlete is not breathing, cardiac arrest) instruct EMS to send personnel through this entrance.
  + - There is no elevator access at Door 50; ***if a stretcher is needed, EMS should bring it through Door 25***
  1. Number of individuals injured
  2. Condition of athlete(s)
     + Conscious or unconscious?
     + Is he/she breathing
     + Has severe bleeding?
  3. First aid treatment provided
     + Splinting?
     + Wound care?
     + CPR/AED?
  4. Any other information requested by the dispatcher

1. You MUST call the Safety Department. Please provide:
   1. Your name
   2. Location of injured athlete
   3. Number of individuals injured
   4. Notify them that you have called EMS to the scene=

**Sample EMS Call**

My name is (your name) and I am calling from the Quad Gyms at ETHS. We have (number of individuals injured) athlete(s) who need immediate medical attention in the (gymnastics facility/weight room). The athlete is (condition of athlete) . Our athletic trainers are on the scene and have provided (first aid care) . Please enter the high school using (Door 50 and/or Door 25) . Door 50 is located near the bike compound at the north end of the rear parking lot. Door 25 is located near the loading dock at the south end of the rear parking lot.

**What is my role?**

**Coaches**

* Be prepared to assist with CPR, AED administration, or other life saving techniques
* Keep athletes and staff a safe distance away from the injured athlete
* Call athlete’s emergency contact, bring parent to the gymnastics floor/weight room

**Athletic Director**

* If present, assist coaching staff

**Athletic Trainers**

* Attend to injured athlete
* Designate person to call 911
* Designate athletic training student to alert safety

**Team Physician**

* If present, attend to injured athlete

**Athletic Training Students**

* Assist ATCs by bringing equipment to the court
* Alert Safety upon request
* Assist Safety personnel in directing EMS to injury site

**Safety**

* Maintain crowd control to allow for quick and easy entrance of EMS personnel
* Meet EMS personnel and direct them to venue/injury site
* Obtain a written report for records; a copy must be provided to the athletic trainers when complete

**Gymnastics and Weight Room: Emergency Entrances**



**TO DOOR 25**

**DOOR 50**

**WEIGHT ROOM**

**GYMNASTICS**

**BIKE RACKS**

**CHURCH STREET**

* Door 50 is the fastest way to access the gymnastics facilities and weight room. In the event of a time sensitive emergency (damage to the artery, athlete is not breathing, cardiac arrest) instruct EMS to send personnel through this entrance.
* Once inside the building, make a right toward the girls locker-room. Enter the girls locker-room and take the staircase to the second floor to enter the gymnastics facility and/or weight room.
* There is no elevator access at this Door 50; ***if a stretcher is needed, EMS should bring it through Door 25*** which is indicated on the following page.

**Gymnastics and Weight Room: Emergency Entrances**

**TO DOOR 50**



**LOADING DOCK**

**LAKE STREET**

**DOOR 25**

* After entering through Door 25, make a right followed by an immediate left into the “South Wing” hallway. Follow signs toward the “H” hallway – the elevator is located in the “H” hallway, which will be on the right hand side.
* A safety officer will meet EMS to allow elevator access and direct them to the 2nd floor entrance to the gymnastics facility/weight room. It is located at the end of the “West Wing.”

**Emergency Resources**

Chris Attaway, ATC

Athletic Trainer

Office: 847-424-7358

Cell: 405-314-4831

Lucy Walsh, ATC

Athletic Trainer

Office: 847-424-7373

Cell: 773-480-0194

Chris Livatino

Athletic Director

Office: 847-424-7380

Cell: 847-417-7651

Mike Burzawa

Assistant Athletic Director

Office: 847-424-7390

Cell: 630-675-8302

Dr. Andrew Hunt

Team Physician

Office: 847-724-4384

Cell: 847-323-5546

Safety Department

847-424-7500

Illinois Bone and Joint Urgent Care Clinic

2350 Ravine Way, Suite 600

Glenview, IL 60025

847-832-6006

North Shore University Health Systems

Evanston Hospital

2650 Ridge Ave

Evanston, IL 60201

847-570-2000